



# CARE OF NEWBORN



# New Born Care

Every newborn needs certain essential elements of care immediately at birth and the first 28 days of life, irrespective of mode of delivery/weight of baby. It is important because for every 10 babies who die during the first year, five babies die in the first 28 days of their life.

# Care of Newborn

## Immediately After Birth

- Clean the Mouth and Nose
- Ensure that Child Breaths Normally
- Care of the Cord
- Care of Eyes
- Care of Skin

Examination for Abnormalities from  
“Head to Foot”

# Skin to Skin Contact

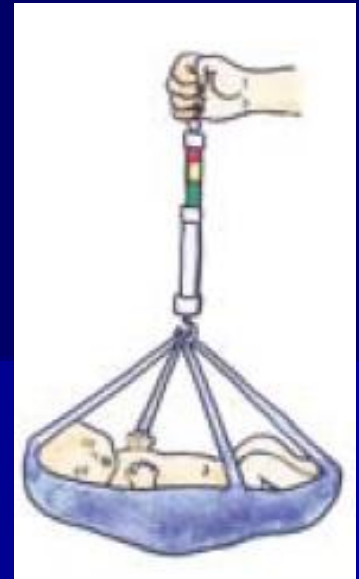
- Provide privacy to the mother. Request the mother to sit or recline comfortably. Undress the baby gently, except for cap, nappy and socks. Place the baby prone on mother's chest in an upright and extended posture, between her breasts, in skin-to-skin contact; turn baby's head to one side to keep airways clear. Cover the baby with mother's blouse, 'pallu' or gown; wrap the baby-mother together with an added blanket or shawl.

# Care of Newborn

- Keep the Baby Warm
- Use Cotton Clothing for Covering The Baby
- Keep the Baby With Mother
- Start Breast Feeding Immediately After Birth
- Keep the Baby Away From the Infected Person



# Care of Newborn



- Take Birth Weight
- If Birth Weight Less Than 2.5 Kg. Take Special Care of Newborn
- If Danger Signs Are Seen, Take the Newborn to Hospital Immediately

# At Risk Baby

In group of three each, discuss and list main symptoms of High Risk New baby .We will hear some example ( 10 Minutes).

# AT RISK BABIES

- Low Birth Weight Babies
- Twins
- Breast feeding not Established / Insufficient
- Birth Order 5 or More
- Spacing Less than 2 Years



# Danger Sings

In group of three each, discuss and list danger sings of Newborn baby, We will hear some example (10 minutes)

# Danger Signs

- No Sucking OR Difficulty in Sucking
- Difficulty in Breathing OR Crying
- Hands & Feet White / Blue in Colour
- Body Temperature Very Low – Cold Body OR Very High – Fever
- Body Colour Bluish Black
- Convulsions

# Breast Feeding



- Should Be Started Within Half an Hour After Birth
- **Colostrum** Develops Immunity Against Diseases So Should Be Given To Baby
- **Exclusive Breast Feeding** Should Be Given For At Least **6 Months**
- If Artificial Feeding is to be Given Cow's Milk should be Given After Dilution, Care should be Taken for Contamination OR Overdilution

# Breast Feeding



## ■ Breast Milk

- Best Food For the Newborn Than Powder Or Formula Feed
- High Nutritive Value
- Without Any Contamination
- Readily Available and Free



## ■ No Bottle Feeding Should Be Given

- Costlier, Requires Cleanliness
- Child Becomes Susceptible To Diseases

THANK YOU